



SOPHIA MORROW

Filmmaker & Cinematographer

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s.m.visuals_

<https://www.sophvisuals.com/>

Skills

- Team Working Skills
- Producing
- Camera Operation
- Cinematography
- Director of Photography
- Sound & Lightning
- Editing (Premiere Pro)
- Production Management & Scheduling
- Project & Time Management
- Problem-Solving & Adaptability

Language

English

About Me

Soon to be film graduate with practical experience across production support, development, and on-set work. Known for being organised, proactive, and reliable under pressure, with a strong work ethic and attention to detail. Seeking a role in Photography, videography, Runner, Assistant Producer, content creation or marketing to support busy production teams and gain hands-on experience across all stages of production.

Experience

Independent Film & Media Projects 2023-2026

- Assisted with planning, coordination, and production logistics across pre-production, production, and post-production stages.
- Supported directors, camera teams, and cast during shoots.
- Helped maintain an efficient on-set workflow through strong organisation, communication, and problem-solving.
- Contributed to pre-production tasks such as script breakdowns, scheduling, shot lists, and equipment preparation.
- Provided hands-on support during production, including set management, continuity tracking, and crew assistance.

SHORT FILMS - Main 2 short films each year

- Diary Girls (2023)
- Opposite of Love (2024)
- Cult of William (2025)
- Echoes of the Old West (2023)
- In Dreams, in Love (2024)
- Mumbai, India (2025)

Whistling Woods International - Film School June 2025 Camera & Virtual Production Exposure

- Participated in on-set productions at Whistling Woods International, gaining first-hand insight into large-scale Indian film workflows.
- Supported camera teams and observed how shots are planned, executed, and dynamically adjusted using professional cinema rigs, lighting setups, and real-time monitoring tools.
- Explored virtual production pipelines, including real-time environment building, LED-wall workflows, and the integration of physical and digital sets.
- Gained practical exposure to Blender for previs, 3D layout, and virtual scene blocking, learning how digital assets are prepared for real-time rendering.
- Observed and assisted with motion-capture sessions, including suit calibration, marker tracking, and data clean-up, developing an understanding of how performance data feeds into animation and virtual characters.
- Built confidence working with international crew members.

Manuscript Media — Production Support / Camera Assistant Creative & commercial projects 2024-2026

- Prepared professional equipment setups and assisted during shoots.
- Managed digital media assets and supported post-production workflows with precision and organisational discipline.
- Collaborated directly with clients, delivering a polished, professional service while interpreting creative briefs with clarity.
- Developed targeted content campaigns and refined brand identities through creative direction, social media optimisation, and consistent high-quality visual storytelling.

Education

Level 3 Extended Diploma in Creative Media
Production & Technology | UNIVERSITY OF ARTS, LONDON (UAL) - DOWNPATRICK SERC 2021-2023

Cinematic Arts | ULSTER UNIVERSITY 2023-2026

References

Victoria McCollum

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Jim Curran

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