



SOPHIA MORROW

Filmmaker & Cinematographer

+44 7365 295 244

sophmedia04@gmail.com

42 Comber Road BT23 6PB

s.m.visuals_

xqq822jw99.wixsite.com/sophie creations

Skills

- Team Working Skills
- Producing
- Camera Operation
- Cinematography
- Director of Photography
- Sound & Lightning
- Editing (Premiere Pro)
- Production Management & Scheduling
- Project & Time Management
- Problem-Solving & Adaptability

Language

English

About Me

Soon to be film graduate with practical experience across production support, development, and on-set work. Known for being organised, proactive, and reliable under pressure, with a strong work ethic and attention to detail. Seeking a Runner or Production Management Assistant role at the BBC to support busy production teams and gain hands-on experience across all stages of production.

Experience

Independent Film & Media Projects

2023-2026

- Assisted with planning, coordination, and production logistics
- Supported directors, camera teams, and cast during shoots.
- Helped maintain a smooth on-set workflow and organisation

SHORT FILMS

- Diary Girls (2023)
- Opposite of Love (2024)
- Cult of William (2025)
- Echoes of the Old West (2023)
- In Dreams, in Love (2024)
- Mumbai, India (2025)

Whistling Woods International - Film School

June 2025

Camera & Virtual Production Exposure

- Participated in on-set productions at Whistling Woods International, Mumbai, gaining insight into large-scale film workflows
- Supported camera-related tasks and observed how shots are planned, executed, and adjusted on set
- Explored virtual production techniques and how technology is used to build cinematic environments in real time
- Learned how departments collaborate to create believable worlds and engaging visual experiences
- Gained confidence working within a busy, unfamiliar production environment alongside international crew members

Manescript Media — Production Support /

2024-2026

Camera Assistant Creative & commercial projects

- Prepared equipment and assisted during shoots
- Managed media files and supported post-production tasks
- Worked directly with clients in a professional setting
- Created my own photography business, capturing people and their brands.

Education

Level 3 Extended Diploma in Creative Media

2021-2023

Production & Technology | UNIVERSITY OF ARTS, LONDON (UAL) - DOWNPATRICK SERC

Cinematic Arts | ULSTER UNIVERSITY

2023-2026

References

Victoria McCollum

Associate Dean: Faculty of Arts, Humanities

Phone: +44 7540 193 631

Email: v.mccollum@ulster.ac.uk

Jim Curran

Course Director: BSc Cinematic Arts

Phone: +44 (0) 028 71675654

Email: jg.curran@ulster.ac.uk